

AMWA NEWS

2025 Golden Apple Award Recipient: Andrea Gwosdow, PhD

Loretta Bohn, ELS / Chair, 2025 Member Awards Committee

The 2025 Member Awards Committee selected Andrea Gwosdow, PhD, as this year's recipient of the Golden Apple Award for her consistent outstanding workshop leadership. Since 1999, she has led 4 popular workshops a total of 20 times, consistently earning high satisfaction ratings from participants. She has also presented education sessions, jam sessions, and roundtables for AMWA and actively mentors new medical writers.

Gwosdow earned her bachelor's degree in biology/environmental science from Antioch College and a master's and doctorate in systems physiology/endocrinology from the University of Florida in Gainesville. She completed her postdoctoral training in environmental physiology at the John B. Pierce Foundation and Department of Epidemiology at Yale University. Her first research position was in thermal physiology at the Shriners Burns Institute in Boston. After receiving her first grant, she continued her own research studying interleukins and the relationship between stress and the immune system in the Department of Endocrinology at Massachusetts General Hospital.

Education is woven throughout Gwosdow's career. After 13 years of conducting basic bench research and teaching physiology to first-year medical students at Harvard Medical School, she transitioned into medical writing and began her freelance career. In 1997, the same year she joined AMWA, she created Gwosdow Associates Science Consultants, a science and medical communication company that provides medical and science writing services and training, works with schools on science education, interprets science for nonscientists, and provides professional development for fellow writers. Gwosdow's expertise is in scientific publications, and she is known for her clear explanations of complex scientific principles to a variety of audiences at all levels. She has worked with a wide variety of institutions and organizations around the world to improve the scientific communication skills of students, scientists, and health care workers. Her workshops highlighting the specifics of writing and publishing in the medical and scientific literature led to the publication of her book, *The Complete Guide to Scientific Manuscript Writing*.

Since the start of her freelance career, Gwosdow has served AMWA at the New England Chapter as secretary, program coordinator, president, and board member. She has received the top awards from the New England Chapter and runs a local networking group for the chapter. At the national level, Gwosdow has served on the Education Committee, Nominating Committee, Awards Committee, and Chapter Advisory Council. Her significant contributions were recognized with an AMWA fellowship in 2018.

Author declaration and disclosures: *The author notes no commercial associations that may pose a conflict of interest in relation to this article.*

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